



# YOGA

**FOR**

Stress

Management

**Sponsored by**

**Lemoore Parks & Recreation Department**

Monday's Class 5:20 – 6:30 pm

Civic Auditorium

(435 C Street)

Bring Yoga  
Mat/Towel  
Water

**5 class card=\$50.00 (expires 8 wks from purchase date)**  
**15 class card= \$125.00 (expires 24 wks from purchase date)**

**Instructor: Luciana Borba Johnston**

No refunds - no transfers

[www.lemoore.com](http://www.lemoore.com)

For more information contact  
Lemoore Parks & Recreation Department at 924-6767

Registration Form

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ PHONE \_\_\_\_\_

E-mail Address: \_\_\_\_\_

IN CASE OF EMERGENCY CONTACT:

NAME ADDRESS PHONE (HOME/WORK/CELL)

ADULT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

DATE RECEIVED \_\_\_\_\_ REC'D BY \_\_\_\_\_ PAID \_\_\_\_\_ RECEIPT # \_\_\_\_\_